S. Scott McDowell

From: Allstate Identity Protection <no-reply@email.aip.com>

Sent: Tuesday, May 14, 2024 4:06 PM admin@ci.brownsville.or.us

Subject: Password safety 101

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Allstate Security Pro®



Password safety 101

Like the lock on your home's front door, your passwords protect the valuable information stored within your digital accounts.

We've seen cases where hackers use stolen usernames and passwords to break into online accounts, leading to fraudulent transactions and account settings being changed without permission.

The silver lining? A few tweaks to your passwords can go a long way. This season, spend some time spring cleaning your digital footprint by making sure your passwords are as strong and hard to guess as possible.

learn how



Password strength meter

If your passwords meet these recommendations, you're on the right track.

- Include a random mix of letters, numbers, and symbols
- Incorporate both capital and lowercase letters
- Use complex phrases rather than single words

get more tins

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7350 N. Dobson Rd., Suite 101, Scottsdale, Arizona 85256 United States

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